

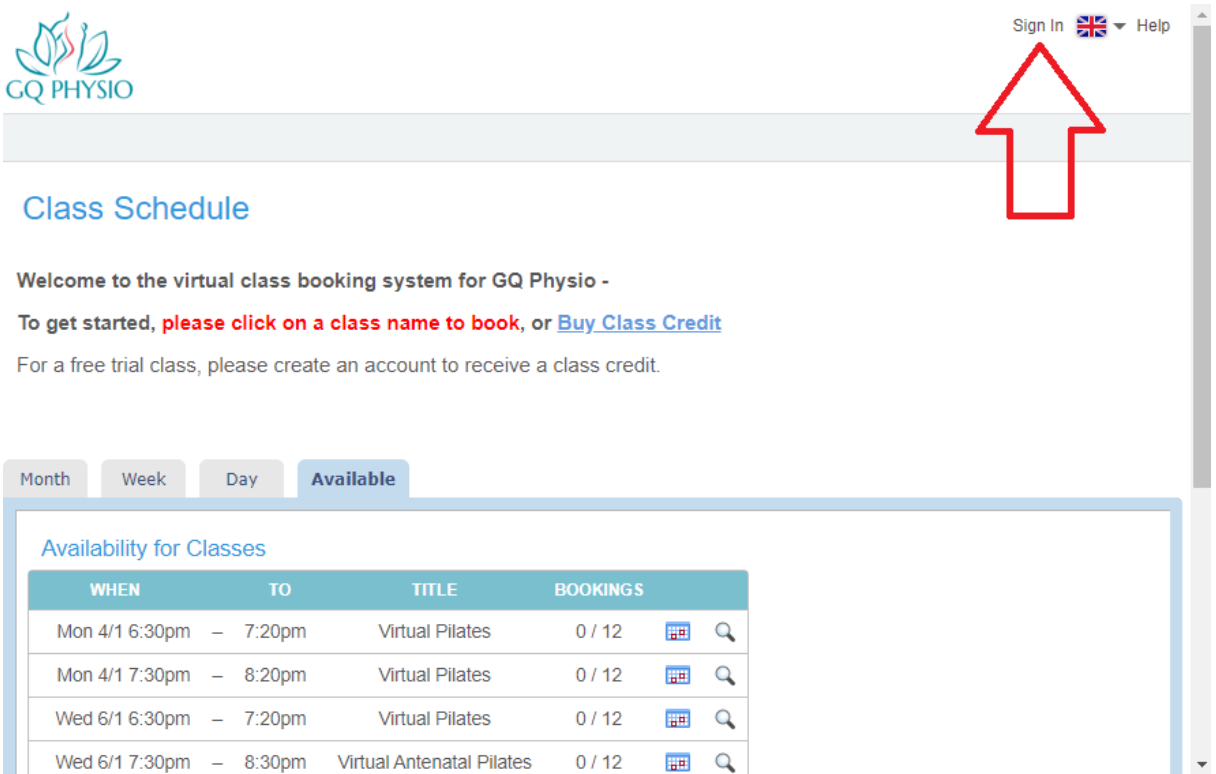


User Guide Contents

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How to Sign in or Register

1. Go to <https://book.gqphysio.com>
2. Click 'Sign In' up the top left

3. 

Class Schedule

Welcome to the virtual class booking system for GQ Physio -
To get started, **please click on a class name to book**, or [Buy Class Credit](#)
For a free trial class, please create an account to receive a class credit.

Month Week Day **Available**

Availability for Classes

WHEN	TO	TITLE	BOOKINGS		
Mon 4/1 6:30pm	– 7:20pm	Virtual Pilates	0 / 12		
Mon 4/1 7:30pm	– 8:20pm	Virtual Pilates	0 / 12		
Wed 6/1 6:30pm	– 7:20pm	Virtual Pilates	0 / 12		
Wed 6/1 7:30pm	– 8:30pm	Virtual Antenatal Pilates	0 / 12		

4. If you are transferring credits from the old system log in with your email address and Surname (with a capital first letter) as password, please change your password when you log in otherwise click 'Create a new user account'

Class Schedule

Please contact geraldine@gqphysio.com if you have trouble logging in.

If you have transferred from our old booking system, you may need to [reset your password](#).

User Log In


Email:

Password:

Keep me logged in
 Remember my email
 Ask me every time

[Log In](#)

[Create a new user account](#)



[Lost password?](#)

How to Buy Credit

1. Go to <https://book.gqphysio.com>
2. Click Buy Class Credit



Class Schedule

Welcome to the virtual class booking system for GQ Physio -

To get started, **please click on a class name to book**, or [Buy Class Credit](#)

For a free trial class, please create an account to receive a class credit.

Successfully logged in

Month Week Day Agenda Available



Availability for Classes

WHEN	TO	TITLE	BOOKINGS		
Mon 4/1 6:30pm	– 7:20pm	Virtual Pilates	0 / 12		
Mon 4/1 7:30pm	– 8:20pm	Virtual Pilates	0 / 12		
Wed 6/1 6:30pm	– 7:20pm	Virtual Pilates	0 / 12		
Wed 6/1 7:30pm	– 8:20pm	Virtual Pilates	0 / 12		

3. Click the credit card icon for the number of classes you wish to buy


One Class Ticket

Single Class
£ 10.00
1 credit



5 Class Pack

5 Class Pack
£ 45.00
5 credits



10 Class Pack

- After entering your card details you will be taken to the following screen; click 'Available' to see and book a class

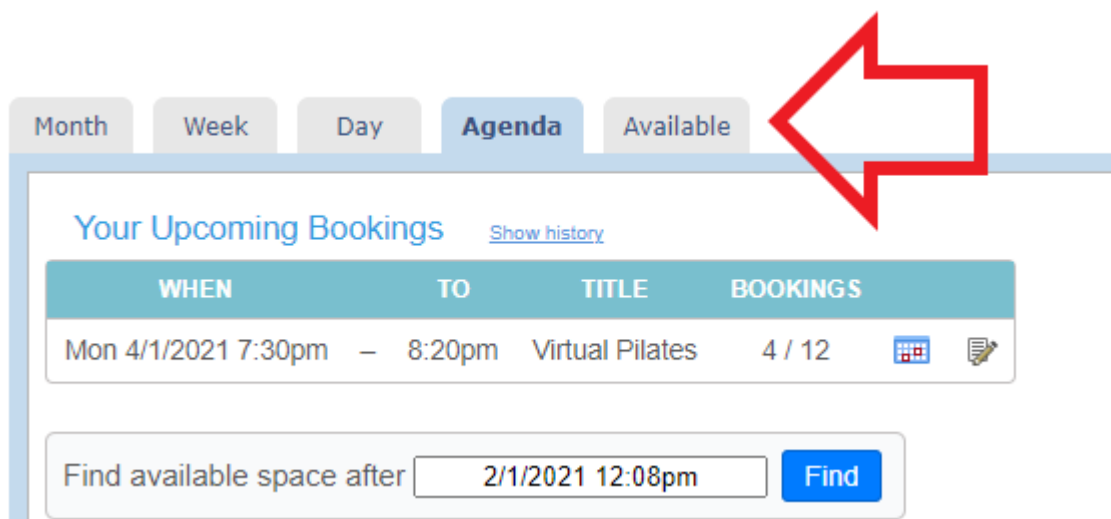
Class Schedule

Welcome to the virtual class booking system for GQ Physio -

To get started, please click on a class name to book, or [Buy Class Credit](#)

For a free trial class, please create an account to receive a class credit.

For further help, please [click here](#) for our [User Guide](#)



The screenshot shows a web interface for class booking. At the top, there are five tabs: 'Month', 'Week', 'Day', 'Agenda', and 'Available'. A red arrow points to the 'Available' tab. Below the tabs, the 'Agenda' view is active, displaying 'Your Upcoming Bookings' with a 'Show history' link. A table lists the booking details:

WHEN	TO	TITLE	BOOKINGS
Mon 4/1/2021 7:30pm	– 8:20pm	Virtual Pilates	4 / 12

Below the table, there is a search bar with the text 'Find available space after' followed by a text input field containing '2/1/2021 12:08pm' and a blue 'Find' button.

How to Book a Class

5. Go to <https://book.gqphysio.com>
6. Sign-in if you have not already, See How to Sign In
7. Click the name of the class you wish to book

8. Class Schedule

Welcome to the virtual class booking system for GQ Physio -

To get started, please click on a class name to book, or [Buy Class Credit](#)

For a free trial class, please create an account to receive a class credit.

Month Week Day **Available**

Availability for Classes

WHEN	TO	TITLE	BOOKINGS
Mon 4/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Mon 4/1 7:30pm	8:20pm	Virtual Pilates	0 / 12
Wed 6/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Wed 6/1 7:30pm	8:30pm	Virtual Antenatal Pilates	0 / 12
Thu 7/1 10:30am	11:20am	Virtual Pilates	0 / 12
Mon 11/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Mon 11/1 7:30pm	8:20pm	Virtual Pilates	0 / 12
Wed 13/1 6:30pm	7:20pm	Virtual Pilates	0 / 12

Start time

click here

9. Click New Booking

Month Week Day Agenda **Available**

Availability for Classes

WHEN	TO	TITLE	BOOKINGS
Mon 4/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Mon 4/1 7:30pm	8:20pm	Virtual Pilates	0 / 12
Wed 6/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Wed 6/1 7:30pm	8:30pm	Virtual Antenatal Pilates	0 / 12
Thu 7/1 10:30am	11:20am	Virtual Pilates	0 / 12
Mon 11/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Mon 11/1 7:30pm	8:20pm	Virtual Pilates	0 / 12
Wed 13/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Thu 14/1 10:30am	11:20am	Virtual Pilates	0 / 12
Mon 18/1 6:30pm	7:20pm	Virtual Pilates	0 / 12

View Class

Virtual Pilates Mon 4/1 7:30pm – 8:20pm

1 credit

0 / 12
12 available

No bookings yet

New Booking

Close

10. Choose if you would like to book more than one class in advance for the following weeks at the same time
11. Click Create Booking

The screenshot shows a web interface for booking classes. At the top, there are tabs for 'Month', 'Week', 'Day', 'Agenda', and 'Available'. Below the tabs is a section titled 'Availability for Classes' containing a table with columns 'WHEN', 'TO', 'TITLE', and 'BOOKINGS'. The table lists several classes, including 'Virtual Pilates' and 'Virtual Antenat'. A 'New Booking' modal is open over the table, showing details for a 'Virtual Pilates' class on 'Mon 4/1 7:30pm - 8:20pm'. The modal includes a 'Full name' field with 'Geraldine Quain', a 'Repeat' section with various frequency options, and a 'Create Booking' button highlighted by a red arrow. At the bottom of the main interface, there is a 'Find available space after' field with the date and time '18/1/2021 6:30pm' and a 'Find' button.

WHEN	TO	TITLE	BOOKINGS
Mon 4/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Mon 4/1 7:30pm	8:20pm	Virtual Pilates	0 / 12
Wed 6/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Wed 6/1 7:30pm	8:30pm	Virtual Antenat	0 / 12
Thu 7/1 10:30am	11:20am	Virtual Pilates	0 / 12
Mon 11/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Mon 11/1 7:30pm	8:20pm	Virtual Pilates	0 / 12
Wed 13/1 6:30pm	7:20pm	Virtual Pilates	0 / 12
Thu 14/1 10:30am	11:20am	Virtual Pilates	0 / 12
Mon 18/1 6:30pm	7:20pm	Virtual Pilates	0 / 12

New Booking ✕

Virtual Pilates Mon 4/1 7:30pm – 8:20pm

1 credit 0 / 12
12 available

Full name

Repeat 11/1 18/1 25/1 1/2 8/2
 15/2 22/2 1/3 8/3 15/3
 22/3 29/3 All

Find available space after

- 12.
13. You should receive an email confirmation